

Parkinson's Western Australia

Guidelines for Physiotherapy Practice in Caring for People with Parkinson's

The purpose of this publication is to provide a rapid reference for physiotherapists treating people with Parkinson's. It is not intended as a text for those working in neurological specialty areas, but rather as a guide for those encountering people with Parkinson's who may require physiotherapy treatment for other conditions.

It is the aim of this publication to assist physiotherapists in bridging any theory and experience gap and to guide them in understanding and anticipating the treatment required for the patient or resident who has Parkinson's, allowing the person with Parkinson's to maintain as much control as possible.

Part 1 of the guidelines provides background information about Parkinson's. It provides sufficient information to help any physiotherapist gain a working knowledge of the anatomy and physiology, aetiology, epidemiology, characteristics and challenges of Parkinson's as they are understood at the time of publication. Some detailed information regarding management is given; especially in relation to medications used in Parkinson's the potential problems they cause as side effects as a result of long-term use or in relation to other medications.

Part 2 of the guidelines provides rapid access practical information in physiotherapy management of People with Parkinson's, focusing on movement disorders and managing functional tasks and is divided into six sections:

- Living with Parkinson's
- The role of physiotherapy
- Challenges of Parkinson's relevant to physiotherapy
- Physiotherapy assessment of the person with Parkinson's
- Physiotherapy management of the person with Parkinson's
- Referral to other allied health professionals.

ORDER FORM

Guidelines for Physiotherapy Practice in Caring for People with Parkinson's, by Liz Bell, Vivian Lee and Babette Lynch @ \$20.00 (Inc. GST)
A publication of the Research Sub-Committee of Parkinson's Western Australia Inc
(Postage within Australia \$10)

Date _____

Name _____

Address _____

Telephone _____

TOTAL \$ _____

() I have enclosed a cheque / money order

() Please debit my Visa / Mastercard

Card Number _____ / _____ / _____ / _____

Name on Card _____ Expiry date ____ / ____

Signature _____

Office Use Only	
Receipt No.	
Banked	
Invoice No.	
Item Sent	
Receipt Sent	
Other	

parkinson's
WESTERN AUSTRALIA
ABN 88 404 764 099

Orders can be mailed to: **Parkinson's Western Australia Inc**
The Niche - 1st Floor 11 Aberdare Road NEDLANDS WA 6009
Telephone 6457 7373 Facsimile 6457 7374
Email info@parkinsonswa.org.au Website www.parkinsonswa.org.au

Guidelines for Physiotherapy Practice In Caring for People With Parkinson's

A publication of the Research Sub-Committee
of Parkinson's Western Australia Inc.

Liz Bell, Vivian Lee
and Babette Lynch



parkinson's
WESTERN AUSTRALIA

IN THIS TOGETHER