

# NEW ARMADALE Parkinson's Support Group



## For people with Parkinson's and their partners/carers

*"We don't dwell on the negative, we all push ourselves forward and strive for the best we can do"* -Support Group Member

<b>When</b>	We meet on the <b>1st Friday of the month</b>
<b>Where</b>	<b>Greendale Centre</b> 12 Coombe Avenue Armadale (FREE parking in Coombe Ave, John St, Berrill Way, The Grove & Hobbs Drive); 10 mins from bus/train station)
<b>Time</b>	<b>9.30 am to 11.30 am</b>
<b>Cost</b>	Gold coin donation to help cover costs

### Why belong to a Support Group?

- to learn ways to manage Parkinson's
- to be heard by people who understand
- to find out more about local support services
- to meet new friends

**To register or for more information, contact:**

Toby on 6457 7373 or email [info@parkinsonswa.org.au](mailto:info@parkinsonswa.org.au)