

# WESTERN SUBURBS Parkinson's Support Group



## For people with Parkinson's and their partners/carers

*"We don't dwell on the negative, we all push ourselves forward and strive for the best we can do"* - Support Group Member

**When** We meet on the first Wednesday of the month  
**Where** The Niche, 11 Aberdare Road, Nedlands  
**Time** 2.00pm

### Why belong to a Support Group?

- to learn ways to manage Parkinson's
- to be heard by people who understand
- to find out more about local support services
- to meet new friends

### For more information, contact:

Peter on 0429 459 692 or [jknight@flyingedits.com.au](mailto:jknight@flyingedits.com.au)